

PRODUCT CATALOG 2024



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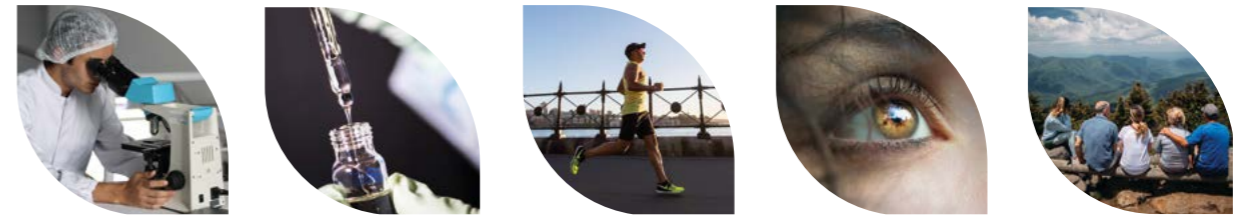
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OPKO Health Europe

We are a **multinational biopharmaceutical company** and we offer a complete range of quality solutions that take care of the well-being of people and animals around the world on a daily basis. We promote well-being and the continuous **improvement of the health, innovation and technology management** to anticipate and adapt to the future, offering innovative health and/or nutritional formulas.

OPKO, with its headquarters in Miami, is currently present in more than 52 countries with its human and animal health brands:



From the start, 30 years ago, we have developed our vocation for **innovation, investigative excellence and quality** in our products.

Our Medical department, in collaboration with well-known experts in the fields of Traumatology, Sports Medicine, Surgery, Rheumatology, Gynecology, Urology and Ophthalmology do extensive work which has enabled us to correct various health deficiencies through nutritional supplements and medical products.

OPKO

Medical products



Food supplements for Human Health



Food supplements for Animal Health



5 PATENTS



23 AWARDS FOR SCIENTIFIC PUBLICATIONS*



36 CLINICAL STUDIES COMPLETED AND 2 ONGOING



2 AWARDS FOR SCIENTIFIC EXCELLENCE*

Thanks to this work and the ongoing joint efforts, we have been able to continue working on our mission: to support healthcare professionals with effective and risk-free products and nutritional supplements to improve and look after our health and that of our pets.

The development of products with formulas that have been studied appropriately, ingredients of a natural origin and/or protected by patents and clinical studies that meet the **highest scientific standards**, completes the circle and provides the wide range of products based on scientific evidence that we offer in this catalog of **Arama Natural Products**.

*Awards recognized by the Spanish societies of sports medicine and gynecology respectively.



Certificate No 22 02 0003 GMP Cosmetics



 **Arama**
Natural Products
An *OPKO* Health Company
Natural innovation

BONE AND JOINT HEALTH

“Your **BODY**
in **MOTION**”

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• Artilane® Classic

Based on **high-purity enzymatically hydrolyzed collagen, hyaluronic acid, magnesium, zinc and antioxidants such as coenzyme Q10, lycopene, quercetin and vitamin C.**

• Artilane® Classic

The nutrients it contains help to prevent joint wear and to improve flexibility and mobility in the joints.

- Neutral or raspberry flavour.

ADDITIONAL INFORMATION

- GLUTEN FREE
- LOW SATURATED FAT CONTENT

INSTRUCTIONS FOR USE

Artilane® Classic vials

Take 1 vial/dose (30 ml) a day, diluted in half glass of water (150 ml).

Artilane® Classic bottle

Drink one measure of 30 ml a day neat or diluted in a medium-sized glass of water (75 ml).

Artilane® Classic powder

Drink one dosing measure (10 g) a day diluted in a glass of water (150 ml) or juice.

Artilane® Classic sachets

Drink 1 sachet (9 g) a day. Add the contents of one sachet to a glass, then add water. Stir until it has dissolved completely.

PRESENTATION

ARTILANE® CLASSIC POWDER

300 G POWDER 30 DAYS RASPBERRY FLAVOUR

ARTILANE® CLASSIC SACHETS

9 G SACHETS 30 SACHETS NEUTRAL FLAVOUR

ARTILANE® CLASSIC BOTTLE

900 ML BOTTLE 30 DAYS RASPBERRY FLAVOUR

ARTILANE® CLASSIC VIALS

30 ML VIALS 15 DRINKABLE SINGLE DOSES RASPBERRY FLAVOUR

WITH NUTRIENTS WHICH HELP TO PREVENT JOINT WEAR AND IMPROVE THE FLEXIBILITY AND MOBILITY OF THE JOINTS



INGREDIENTS

ARTILANE® CLASSIC IS A FOOD SUPPLEMENT BASED ON:

High-purity enzymatically hydrolyzed collagen	_____ 7 g
Hyaluronic acid	_____ 25 mg
Lycopene*	_____ 1.5 mg
Quercetin	_____ 30 mg
Coenzyme Q10	_____ 100 mg
Vitamin C	_____ 60 mg
Magnesium	_____ 56.3 mg
Zinc	_____ 1.5 mg

QUANTITY PER DAILY DOSE

*The 30 ml vials, 300 g powder and 900 ml bottle contain lycopene.

• Artilane® Forte

Complete formula based on **glucosamine and chondroitin, high-purity enzymatically hydrolyzed collagen, *Boswellia serrata* extract, hyaluronic acid, magnesium and zinc, and antioxidants such as coenzyme Q10, lycopene, quercetin and vitamin C.**

• Artilane® Forte

The nutrients it contains help with disorders caused by joint wear.

- Citrus flavour.

ADDITIONAL INFORMATION

- GLUTEN FREE
- LOW SALT CONTENT (vials and powder)
- LOW SATURATED FAT CONTENT (vials and sachets)
- HIGH PROTEIN CONTENT

CONTAINS NUTRIENTS THAT HELP WITH DISORDERS CAUSED BY JOINT WEAR

NEW FORMULA WITH A HIGH DOSE OF GLUCOSAMINE, CHONDROITIN AND BOSWELLIA, A NATURAL ANTIINFLAMMATORY

INSTRUCTIONS FOR USE

Artilane® Forte vials

Take 1 vial (30 ml) per day. Drink it diluted in half glass of water (150 ml).

Artilane® Forte powder

Drink one dosing measure (11 g) a day diluted in a glass of water (150 ml) or juice.

Artilane® Forte sachets

Drink 1 sachet (9.5 g) a day. Add the contents of one sachet to a glass of water and stir until it has dissolved completely.

PRESENTATION

ARTILANE® FORTE POWDER

POWDER 220G 20 DAYS CITRUS FLAVOUR

ARTILANE® FORTE SACHETS

SACHETS 9 g 30 SACHETS CITRUS FLAVOUR

ARTILANE® FORTE VIALS

VIALS 30 ml DRINKABLE SINGLE DOSES CITRUS FLAVOUR

SACHETS

VIALS

POWDER



AFTER TAKING ARTILANE FORTE, YOU CAN TAKE ARTILANE CLASSIC AGAIN TO MAINTAIN YOUR JOINTS

INGREDIENTS

ARTILANE® FORTE IS A FOOD SUPPLEMENT BASED ON:

High-purity enzymatically hydrolyzed collagen	5 g
Glucosamine hydrochloride	1.5 g
Chondroitin sulfate	1.2 g
Hyaluronic acid (sodium salt)	25 mg
<i>Boswellia serrata</i> extract	410 mg
Lycopene	1.5 mg
Quercetin	30 mg
Coenzyme Q10	100 mg
Vitamin C	60 mg
Magnesium	56.3 mg
Zinc	1.5 mg

QUANTITY PER DAILY DOSE

PROGEN[®]

PLACTIVE[®]

PROGEN[®] is an innovative food supplement based on a **plasma complex rich in bioactive proteins, HC-15 (a hyaluronic acid and chondroitin sulfate complex), collagen rich in bioactive peptides and vitamin C.**

Unique and innovative formula containing nutrients which help with:

- In the maintenance and normal functioning of the musculoskeletal system (joints, tendons, ligaments, bones and muscles), contributing to the recovery of the musculoskeletal system.
- It contributes to the increase in muscle mass and the maintenance of muscles in normal conditions.

ADDITIONAL INFORMATION

- HIGH PROTEIN
- LOW-SUGARS
- LOW-FAT
- GLUTEN-FREE
- LACTOSE-FREE

IT CONTAINS NUTRIENTS THAT HAVE A DOUBLE EFFECT:

- CONTRIBUTES TO MAINTAINING AND INCREASING MUSCLE MASS.
- HELPS TO REDUCE MUSCLE WASTING.

UNIQUE AND INNOVATIVE ORAL PLASMA COMPLEX, WHICH NUTRIENTS HELP WITH MUSCULOSKELETAL RECOVERY

INSTRUCTIONS FOR USE

Drink 1 sachet a day. First dilute the powder in a small amount of water and stir.

PRESENTATION

PROGEN PLACTIVE[®] SACHETS
SACHETS 3,5 g 30 SACHETS ORANGE FLAVOUR



INGREDIENTS

PROGEN PLACTIVE[®] IS A FOOD SUPPLEMENT BASED ON:

Plasma proteins	300 mg
HC15:	
Hyaluronic acid	25 mg
Chondroitin sulfate	25 mg
Enzymatically hydrolyzed collagen rich in bioactive peptides	2500 mg
Vitamin C	40 mg

QUANTITY PER DAILY DOSE

Neural® is a food supplement based on **UMP (Uridine Monophosphate) extracted from apples rich in Polyphenols and Quinones, L-methyl folate, Vitamin B12 and Magnesium.**

Neural®, as a result of its composition, helps with nutrition and the normal functioning of the peripheral nervous system in the process of functional deterioration associated with neuropathic pain, such as:

- Lumbar radiculopathy
- Lumbosacral or cervical regions
- Neck pain
- Low back pain
- Sciatica
- Postsurgical neuropathy
- Other neuropathies

ADDITIONAL INFORMATION

- SUGAR FREE
- GLUTEN FREE
- LACTOSE FREE
- LOW FAT CONTENT

INSTRUCTIONS FOR USE

Take 1 or 2 tablets a day.

PRESENTATION

NEURAL® TABLETS
TABLETS 1g 30 FLAVOURLESS TABLETS

ONE STEP CLOSER IN TREATING PERIPHERAL NEUROPATHY

NO SIDE EFFECTS

HELPFUL IN COMBINATION WITH OTHER TREATMENTS

THE NUTRIENTS IT CONTAINS HELP WITH

- NEUROPROTECTION
- NORMALIZATION OF THE NERVE IMPULSE
- MAINTENANCE OF FUNCTIONAL ACTIVITY



INGREDIENTS

NEURAL PLACTIVE® IS A FOOD SUPPLEMENT BASED ON:

Uridine 5-monophosphate disodium salt	175 mg
Folic acid (calcium L-methylfolate)	200 µg
Vitamin B12 (Cyanocobalamin)	1.00 µg
Extract of the fruit of <i>Malus domestica</i>	100 mg
· Polyphenols	40 mg
· Quinones	10 mg
Magnesium	56.3 mg

QUANTITY PER DAILY DOSE



 **Arama**
Natural Products
An OPKO Health Company
Natural innovation

**ADULT
NUTRITION**

**“MAINTAIN
your **STRENGTH**
and **VITALITY**”**

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Lacsure® is a food supplement which, thanks to its composition, contributes to nutrition in adults **who lack energy, need recovery, have muscle weakness, are losing weight unintentionally** and all of those situations that require additional nutritional support.

Some benefits of the composition of Lacsure®:

- **High-quality milk proteins:** promote the formation and maintenance of muscles.
- **13 vitamins A, C, D, E, K, and grupo B** which help to: decrease tiredness and fatigue, and ensure normal functioning of the immune system and normal energy metabolism, among other things.
- **11 minerals** (Calcium, Phosphorus, Magnesium, Iron, Zinc, Manganese, Copper, Iodine, Chromium, Molybdenum, Selenium):
 - Calcium, phosphorous, magnesium, zinc and vitamin D which help to keep the muscles and bones in normal conditions.
 - Manganese, copper, iodine, chromium, molybdenum and selenium which contribute to the normal functioning of the immune system.

ADDITIONAL INFORMATION

- GLUTEN FREE
- LOW SATURATED FAT CONTENT
- SOURCE OF FIBER
- SOURCE OF CALCIUM
- VITAMINS AND MINERALS LIKE CALCIUM

- ✓ **8.4 g OF PROTEINS**
- ✓ **MUSCLES**
- ✓ **BONES**
- ✓ **13 VITAMINS AND 11 MINERALS**
- ✓ **IMMUNITY AND DEFENSES**
- ✓ **CHOLINE**
- ✓ **OMEGANS**

THE HELP YOU NEED TO MAINTAIN YOUR STRENGTH AND VITALITY



INSTRUCTIONS FOR USE

For a maximum daily benefit, prepare a 230 ml portion as follow: 195 ml of cold or room temperature water, then add 4 dosing cups (56 g approximately). Stir until completely dissolved.

PRESENTATION

LACSURE® POWDER
POWDER 800G VANILLA FLAVOUR

INGREDIENTS

LACSURE® IS A FOOD SUPPLEMENT BASED ON:

Linoleic acid (Omega 6)	1736 mg
A-linoleic acid (Omega 3)	840 mg
Choline	89,6 mg
Fructooligosaccharides (FOS)	220 mg
Inulin	2,14 g
VITAMINS:	
Vitamin A	287 µg
Vitamin D	5,4 µg
Vitamin E	5,4 mg
Vitamin K	20 µg
Vitamin C	45 mg
Folic acid	112 µg
Vitamin B1	0,54 mg
Vitamin B2	0,54 mg

Vitamin B6	0,78 mg
Vitamin B12	1.74 µg
Niacin	5,0 mg
Pantothenic acid	1,8 mg
Biotin	10 µg
MINERALS:	
Calcium	377 mg
Phosphorous	198 mg
Magnesium	58,8 mg
Iron	3,4 mg
Zinc	3,1 mg
Manganese	0,84 mg
Copper	0,23 mg
Iodine	53,8 µg
Chromium	13 µg
Molybdenum	16 µg
Selenium	20 µg
QUANTITY PER DAILY DOSE	



NUTRITION FOR THE WHOLE FAMILY

“HELPS
to **BRING OUT**
the **BEST**
in **YOU**”

Dinadax Active

DINADAX® Active

- Its nutrients help to maintain the normal functioning of the immune system.

Some of the benefits of its nutrients:

- **Vitamin B1** contributes to normal energy metabolism.
- **Vitamin B6** contributes to normal immune system functioning.
- **Royal Jelly**, a food rich in micronutrients which provides additional energy support in situations of fatigue, stress, etc.
- **Lactobacillus sporogenes/L. Casei**: bacteria with a probiotic capacity.

ADDITIONAL INFORMATION

- NO ARTIFICIAL COLORANTS OR STIMULANTS

INSTRUCTIONS FOR USE

Eat 1 or 2 bars a day.

PRESENTATION

DINADAX® ACTIVE
22 G BAR YOGURT FLAVOUR

DINADAX® ACTIVE
DISPLAY CASE OF 60 INDIVIDUALLY WRAPPED BARS



**YOGURT
FLAVOUR**

DEFENSES

WITH LIVE LACTIC CULTURES
(L. CASEI Y L. SPOROGENES),
FRUCTOOLIGOSACCHARIDES,
ROYAL JELLY AND VITAMINS



INGREDIENTS

DINADAX® ACTIVE IS A FOOD SUPPLEMENT BASED ON:

<i>Lactobacillus casei</i>	≥10 ⁸ cv**
<i>Lactobacillus sporogenes</i>	≥10 ⁷ cv**
Fresh royal jelly	300 mg
Fructooligosaccharides	85 mg
Yogurt powder	100 mg
Vitamin B1	1.00 mg
Vitamin B6	1.40 mg

vc**: viable cells
QUANTITY PER BAR

Dinadax Active 0% SUGAR

DINADAX® Active

• Its nutrients help to maintain the normal functioning of the immune system.

Some of the benefits of its nutrients:

- **Vitamin B1** contributes to normal energy metabolism.
- **Vitamin B6** contributes to normal immune system functioning.
- **Royal Jelly**, a food rich in micronutrients which provides additional energy support in situations of fatigue, stress, etc.
- **Lactobacillus sporogenes/L. Casei**: bacteria with a probiotic capacity.

ADDITIONAL INFORMATION

- SUGARS-FREE
- GLUTEN-FREE

INSTRUCTIONS FOR USE

Take 1 or 2 bars per day. Excessive consumption may produce laxative effects.

PRESENTATION

DINADAX® ACTIVE ZERO
18 G BAR YOGURT FLAVOUR

DINADAX® ACTIVE ZERO
DISPLAY CASE OF 60 INDIVIDUALLY WRAPPED BARS



DEFENSES

WITH LIVE LACTIC CULTURES
(*L. CASEI* Y *L. SPOROGENES*),
FRUCTOOLIGOSACCHARIDES,
ROYAL JELLY AND VITAMINS



INGREDIENTS

DINADAX® ACTIVE IS A FOOD SUPPLEMENT BASED ON:

<i>Lactobacillus casei</i>	1.00 · 10 ⁸ UFC
<i>Lactobacillus sporogenes</i>	1.00 · 10 ⁷ UFC
Fresh royal jelly	300 mg
Fructooligosaccharides	99 mg
Yogurt powder	117 mg
Vitamin B1	1.00 mg
Vitamin B6	1.40 mg

QUANTITY PER BAR

Dinadax Energy

DINADAX® ENERGY

Thanks to its nutrients, it is recommended for:

- **Situations of low energy:** contributing to normal energy metabolism.
- Periods of **physical exhaustion:** helps to reduce fatigue.

Some of the benefits of its nutrients:

- **Royal jelly,** rich in micronutrients which provides additional energy support in situations of fatigue, stress etc.
- **Vitamin B1:** contributes to normal energy metabolism.
- **Vitamin B6:** helps to decrease tiredness and fatigue and contributes to normal energy metabolism.

INSTRUCTIONS FOR USE

Eat 1 or 2 bars a day.

PRESENTATION

DINADAX® ENERGY
22 g BAR STRAWBERRY FLAVOUR

DINADAX® ENERGY
DISPLAY CASE OF 60 INDIVIDUALLY WRAPPED BARS

ADDITIONAL INFORMATION

- NO ARTIFICIAL COLORANTS OR STIMULANTS

ENERGY

WITH FRESH ROYAL JELLY AND GROUP B VITAMINS



STRAWBERRY FLAVOUR



INGREDIENTS

DINADAX® ENERGY IS A FOOD SUPPLEMENT BASED ON:

Fresh royal jelly	300 mg
Vitamin B1	0.7 mg
Vitamin B6	1.0 mg

QUANTITY PER BAR

Dinadax Energy 0% SUGAR

DINADAX® ENERGY

Thanks to its nutrients, it is recommended for:

- **Situations of low energy:** contributing to normal energy metabolism.
- Periods of **physical exhaustion:** helps to reduce fatigue.

Some of the benefits of its nutrients:

- **Royal jelly,** rich in micronutrients which provides additional energy support in situations of fatigue, stress etc.
- **Vitamin B1:** contributes to normal energy metabolism.
- **Vitamin B6:** helps to decrease tiredness and fatigue and contributes to normal energy metabolism.

INSTRUCTIONS FOR USE

Take 1 or 2 bars a day. Excessive consumption may produce laxative effects.

PRESENTATION

DINADAX® ENERGY
18 g BAR STRAWBERRY FLAVOUR

DINADAX® ENERGY
DISPLAY CASE OF 60 INDIVIDUALLY WRAPPED BARS

ADDITIONAL INFORMATION

- SUGARS-FREE
- GLUTEN-FREE

ENERGY

WITH FRESH ROYAL JELLY AND GROUP B VITAMINS



STRAWBERRY FLAVOUR



INGREDIENTS

DINADAX® ENERGY IS A FOOD SUPPLEMENT BASED ON:

Fresh royal jelly	300 mg
Vitamin B1	0.70 mg
Vitamin B6	1.0 0mg

QUANTITY PER BAR

DINADAX® Sapiens

Thanks to its nutrients, it contributes to normal psychological function and decreases tiredness and fatigue.

Some of the benefits of its nutrients:

- **Vitamin B1:** contributes to normal energy metabolism. Contributes to the normal functioning of the nervous system and normal psychological function.
- **Vitamin B5:** pantothenic acid contributes to normal intellectual performance.
- **Zinc:** contributes to normal cognitive function.
- **Biotin:** contributes to normal psychological function and the normal functioning of the nervous system.

ADDITIONAL INFORMATION

- NO ARTIFICIAL COLORANTS OR STIMULANTS

INSTRUCTIONS FOR USE

Eat 2 bars a day.

PRESENTATION

DINADAX® SAPIENS
22 g BAR COLA FLAVOUR

DINADAX® SAPIENS
DISPLAY CASE OF 60 INDIVIDUALLY WRAPPED BARS



**COLA
FLAVOUR**

CONCENTRATION

**WITH CHOLINE, OMEGA 3, 6 AND 9,
FATTY ACIDS, VITAMINS AND ZINC**



INGREDIENTS

**DINADAX® SAPIENS IS A FOOD SUPPLEMENT
BASED ON:**

Choline bitartrate	200 mg
Linolenic acid (Omega 3)	100 mg
Linoleic acid (Omega 6)	32,5 mg
Oleic acid (Omega 9)	32,5 mg
Folic acid	20 µg
Biotin	5 µg
Zinc	0,75 mg
Vitamin C	8 mg
Vitamin B1	0,11 mg
Vitamin B3 (Niacin)	1,6 mg
Vitamin B5 (pantothenic acid)	0,6 mg
Vitamin B6	0,14 mg
Vitamin B12	0,25 µg

QUANTITY PER BAR



 **Arama**
Natural Products
An OPKO Health Company
Natural innovation

SLEEP

“The **NATURAL**
way **NEVER**
GET you
EXHAUSTED”

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SEREDAN[®]-3

SEREDAN-3[®]

This is a food supplement which, thanks to its nutrients, helps to decrease the time needed to fall asleep* and relieve the feeling of jet-lag**

With a very comprehensive formula based on **Melatonin**, **Griffonia** (source of 5-hydroxytryptophan), **Valeriana Glycine**, **GABA** and **Vitamins B3, B6** and **B12** which help to decrease tiredness and fatigue.



ADDITIONAL INFORMATION

- LACTOSE FREE
- GLUTEN FREE
- NO ADDED SUGAR
contains natural sugars

DUE TO ITS NUTRIENTS, IT PROMOTES RELAXATION AND HELPS TO CONCILIATE AND MAINTAIN A GOOD REST

DIFFICULTY FALLING OR STAYING ASLEEP AFFECTS A LARGE PERCENTAGE OF THE ADULT POPULATION

INSTRUCTIONS FOR USE

One tablet a day 30 minutes before going to bed.

(*) The beneficial effect is obtained with an intake of 1 mg of melatonin shortly before going to sleep.

(**) The beneficial effect is obtained with a minimum intake of 0.5 mg of melatonin, which should be taken shortly before going to bed on the first day of travel and a few days after arrival at the destination.

PRESENTATION

SEREDAN-3[®]
30 TABLETS



INGREDIENTS

SEREDAN-3[®] IS A FOOD SUPPLEMENT BASED ON:

Glycine	240 mg
Gaba extracted from rice grains	100 mg
Valeriana extract	50 mg
5 HTP from a Griffonia extract	30.0 mg
Niacin	16 mg
Melatonin	1.95 mg
Vitamin B6	1.40 mg
Vitamin B12	1.25 µg
QUANTITY PER TABLET	



ENERGY

!Don't **LET**
ANYTHING
STOP YOU!

VITALITY[®] Plus

Food supplement which, thanks to its nutrients, helps with energy immediately before physical and/or mental exertion.

- **Royal jelly** is a food supplement which provides an energy boost in situations of fatigue, stress, etc.
- **Taurine** is an amino acid which is involved in several processes of body.
- **Vitamin C:**
 - Contributes to the protection of the cells from oxidative damage.
 - Helps to decrease tiredness and fatigue and to maintain normal energy metabolism.
- **Ashwaganda:** helps the body to cope with stress.

ADDITIONAL INFORMATION

- NO SALT
- GLUTEN-FREE
- FAT FREE

BEFORE PHYSICAL AND/OR MENTAL EXERTION

WITH 1 G OF ROYAL JELLY PER VIAL

TRIPLE EFFECT:

- IMMEDIATE ENERGY²
- ANTI-STRESS¹
- ANTIOXIDANT²

TRIPLE EFFECT:

- ANTI-STRESS¹
- ENERGY²
- ANTIOXIDANT²

¹Ashwagandha: improves the body's resistance to stress.

²Vitamin C: contributes to the reduction of tiredness and fatigue. Contributes to the protection of cells from oxidative stress.

INSTRUCTIONS FOR USE

Take 1 vial per day diluted in half glass (150 ml) of water, juice, or any other liquid. Shake before using.

PRESENTATION

VITALITY[®] PLUS
15 VIALS SINGLE DOSE



INGREDIENTS

VITALITY PLUS[®] IS A FOOD SUPPLEMENT BASED ON:

Royal jelly	1 g
Taurin	0.50 g
Ashwagandha extract	40 mg
• Whitanolids	1.00 mg
L-Carnitine	55 mg
Vitamin C	80 mg

QUANTITY PER VIAL



**IMMUNITY AND
DEFENSE**

**“STRENGTHEN
your
DEFENSES”**

Don't let your defenses go down

Covitality® is a new and unique food supplement containing **Lactoferrin** (100 mg / tablet) and **Probiotics** (2 billion CFU/tablet). It also contains Vitamins C and D and minerals (selenium and zinc) at effective doses along with vitamins in group B. Thanks to its composition, it helps to maintain the correct functioning of the immune system.

- **Lactoferrin** is a protein which binds to iron ions and promotes the growth of probiotic bacteria that are beneficial to the immune system.
- **Bifidobacterium Lactis BI-04** is a type of bacteria that forms part of the normal intestinal flora.
- **Selenium** contributes to the normal functioning of the immune system and helps to protect the cells from oxidative damage.
- **Vitamins C, D and Zinc** contribute to the normal functioning of the immune system.
- **The group B vitamins** (B1 and B6) also help to decrease tiredness and fatigue.

ADDITIONAL INFORMATION

- GLUTEN FREE
- FAT FREE
- HIGH FIBER CONTENT
- NO ADDED SUGAR, contains natural sugars

INSTRUCTIONS FOR USE

1 tablet per day.

PRESENTATION

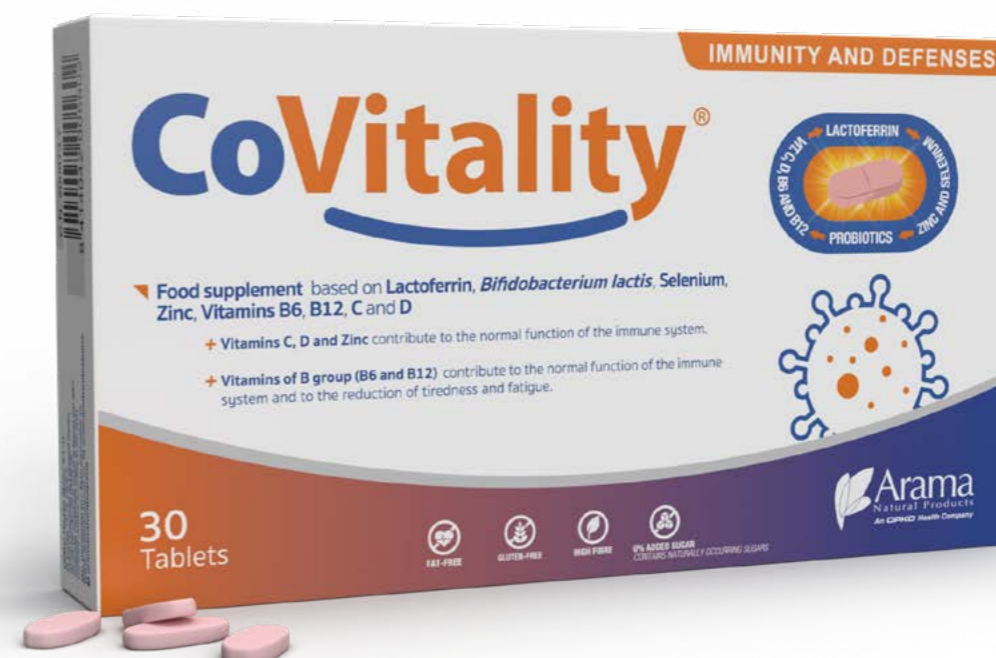
COVITALITY®
30 TABLETS

IMMUNITY AND DEFENSE

INNOVATION IN IMMUNITY AND DEFENSE

THANKS TO ITS COMPOSITION IT HELPS TO MAINTAIN THE CORRECT FUNCTIONING OF OUR IMMUNE SYSTEM

UNIQUE FORMULA WITH LACTOFERRIN AND PROBIOTICS, BIFIDOBACTERIUM LACTIS BL-04®



INGREDIENTS

COVITALITY® IS A FOOD SUPPLEMENT BASED ON:

Vitamin C	350 mg
Lactoferrin	100 mg
<i>Bifidobacterium lactis</i> BI-04	2 mil millones UFC
SeleniUM	55 µg
Zinc	10 mg
Vitamin D	400 UI
Vitamin B12	2,5 µg
Vitamin B6	1,4 mg

QUANTITY PER TABLET



T-LESS® Food supplement with **100% natural ingredients** to help soothe the throat and alleviate a **productive cough**.

- Containing **Green anise, Plantain and Thyme** which help to soothe the throat.
- **Vitamin B6** contributes to the normal functioning of the immune system and helps to decrease tiredness and fatigue.

ADDITIONAL INFORMATION

- **GLUTEN FREE**
- **FAT FREE**
- **LACTOSE FREE**
- **NO ADDED SUGAR**, contains natural sugars

INSTRUCTIONS FOR USE

Adults: Take a single dose of 10 ml once a day, or divide the dose into two daily doses of 5 ml each.
Children from the age of 4: 1 ml for every 6 kg of weight per day.
Excessive consumption may produce laxative effects.
Shake well before use.

PRESENTATION

T-LESS® PRODUCTIVE COUGH
BOTTLE 120 ml WITH DISPENSER

100% NATURAL INGREDIENTS TO HELP SOOTHE THE THROAT AND ALLEVIATE A PRODUCTIVE COUGH

FULLY NATURAL OPTION ACCESSIBLE TO ALL

CONTAINING GREEN ANISE, PLANTAIN AND THYME WHICH HELP TO SOOTHE THE THROAT. IT ALSO CONTAINS AVOCADO EXTRACT AND VITAMIN B6



INGREDIENTS

T-LESS® IS A FOOD SUPPLEMENT BASED ON:

Green anise extract	506 mg
Plantain extract	198 mg
Avocado extract	440 mg
Thyme extract	79,2 mg
Vitamin B6 extract	1,4 mg

QUANTITY PER DAILY DOSE (10 ML)

ARAMA® Broxul® Oral solution

BROXUL® Food supplement with **100% natural ingredients** to help alleviate a **dry cough**.

- **Vitamin C** contributes to normal immune system functioning.
- Containing **Eucalyptus honey** which helps to soothe the throat.
- With **Lemon** and **Ginger** which help to keep the airways clear.

ADDITIONAL INFORMATION

- GLUTEN FREE
- FAT FREE
- LACTOSE FREE
- NO ADDED SUGAR,
contains natural sugars

INSTRUCTIONS FOR USE

Adults: Take a single dose of 10 ml once a day, or divide the dose into two daily doses of 5 ml each.
Children from the age of 4: 1 ml for every 6 kg of weight per day.
Shake well before use.

PRESENTATION

BROXUL® DRY COUGH
BOTTLE 120 ml WITH DISPENSER

**100% NATURALLY DERIVED
INGREDIENTS TO HELP SOOTHE
THE AIRWAYS AND RELIEVE DRY
COUGH**

**FULLY NATURAL OPTION
ACCESSIBLE TO ALL**

**ORAL SOLUTION BASED ON
GINGER, EUCALYPTUS HONEY
AND LEMON WITH VITAMINS C
AND E**



INGREDIENTS

BROXUL® IS A FOOD SUPPLEMENT BASED ON:

Eucalyptus honey	2.8 g
Ginger extract	8.8 mg
Lemon extract	462 mg
Vitamin C	80 mg
Vitamin E	2.0 mg
QUANTITY PER DAILY DOSE (10 ML)	



EYE HEALTH

“The **NATURAL**
way to **TAKE CARE**
of your **VISION**”

• **VISactiv® NEO, VISactiv® Single dose and VISactiv® Continuous use** are solutions for ophthalmic use with a physiological pH based on high molecular weight **Hyaluronic Acid** and distilled waters **Aloe vera** and **Centella asiatica**.

The combined action of these substances relieves dry eyes caused by:

- **Hormonal changes:** menopause, menstruation and taking oral contraceptives.
- **Aging.**
- **External agents:** use of contact lenses, exposure to very dry environments, etc.
- **Side effects of taking some medications.**
- **Some diseases:** Sjögren's syndrome, rheumatoid arthritis, lupus, etc.
- **Small injuries** caused by:
 - **Foreign bodies:** sand, dust.
 - **Eye symptoms** caused by contact with **allergens**.

• **Visactiv Neo®**, Thanks to its high-tech filter, it allows the application of the preservative-free solution, maintaining the sterility of the product in continuous use for up to 3 months after opening.

ADDITIONAL INFORMATION

- **12 HOURS OF USE** (VISACTIV SINGLE DOSE).
- **3 MONTHS OF USE** (VISACTIV NEO).
- **28 DAYS OF USE** (VISACTIV CONTINUOUS USE).
- **COMPATIBLE WITH CONTACT LENSES.**
*Except VisActiv continuous use.

INSTRUCTIONS FOR USE

VISactiv® Neo

Apply 1 drop to each eye, squeezing the dispenser. Can be used frequently as it does not contain preservatives. 3 months of use once open. *Compatible with contact lenses.*

VISactiv® Single dose

Open the single-dose container and remove the cap with a twisting motion. Drop 1-2 drops into each eye by lightly pressing the container. Can be used up to 12 hours after opening the container. *Compatible with contact lenses.*

VISactiv® Continuous use

Apply 2–3 drops to each eye, lightly squeezing the dispenser. Close the dispenser immediately after use. Can be used up to 3 times a day and for up to 28 days after the dispenser is first opened. Remove your contact lenses before applying the product and wait for 15 minutes before putting them back in.

PRESENTATION

VISACTIV® SINGLE DOSE

BOX OF 10 REUSABLE OF 0,5 ml STERILE SOLUTION

VISACTIV® NEO

10 ml MULTIPLE DOSE STERILE SOLUTION DISPENSER WITH A HIGH-TECH FILTER

VISACTIV® CONTINUOUS USE

10 ml DISPENSER MULTIPLE DOSES OF STERILE SOLUTION

EYE DRYNESS,
PROTECTION AND RELIEF IN
ALLERGIC PROCESSES

KEEP YOUR EYES HYDRATED
WITH NATURAL INGREDIENTS

COMPATIBLE WITH CONTACT
LENSES*

*Except VisActiv Continuous use

STERILE EYE DROPS WITH NO
PRESERVATIVES*

*Except VisActiv Continuous use



INGREDIENTS

VISACTIV® NEO, CONTINUOUS USE AND SINGLE DOSE ARE MEDICAL PRODUCTS BASED ON:

High molecular weight hyaluronic acid	0,15 %
Water distilled from:	
Centella asiática	10 %
Aloe vera	10 %

QUANTITY PER DAILY DOSE



VISrelax®

Ophthalmic solution based on **waters distilled from Eufrasia, Manzanilla, Hamamelis and Green tea**, with a refreshing and calming action which maintains the physiological pH of the ocular mucous membrane.

The combined action of these substances alleviates:

- Reddening or irritation of the eye caused by contamination, dust, wind, chlorinated water, etc.
- Eye fatigue caused by prolonged exposure to solar rays, focusing on an activity for extended periods of time (studying, working on a computer) and a lack of sleep.

ADDITIONAL INFORMATION

- 12 HOURS OF USE (VISRELAX SINGLE DOSE)
- 28 DAYS (VISRELAX CONTINUOUS USE)
- COMPATIBLE WITH CONTACT LENSES (ONLY SINGLE DOSE)

ALLEVIATES IRRITATION AND EYE FATIGUE

CALMING AND REFRESHING ACTION

INSTRUCTIONS FOR USE

VISRELAX® CONTINUOUS USE

Apply 1–2 drops to each eye, lightly squeezing the dispenser. Close the dispenser immediately after use. Can be used up to 3 times or more a day and for up to 28 days after the dispenser is first opened. Remove your contact lenses before applying the product and wait for 15 minutes before putting them back in.

VISRELAX® SINGLE DOSE

Open the single-dose container and remove the cap with a twisting motion. Drop 2-3 drops into each eye by lightly pressing the container. It can be used up to 12 hours after opening the container.

Compatible with contact lenses.

PRESENTATION

VISRELAX® CONTINUOUS USE

BOX OF 10 ml DISPENSER OF MULTIPLE DOSE STERILE SOLUTION

VISRELAX® SINGLE DOSE

BOX OF 10 REUSABLE 0.5 ML DISPENSERS OF STERILE SOLUTION



INGREDIENTS

VISRELAX® CONTINUOUS USE AND SINGLE DOSE ARE MEDICAL PRODUCTS BASED ON:

Water distilled from:

<i>Eufrasia</i>	8 %
<i>Manzanilla</i>	8 %
<i>Hamamelis virginiana</i>	8 %
Green tea	8 %

QUANTITY PER DOSE

VISglyc[®] NEO

VISglyc[®] NEO

Sterile ophthalmic solution based on natural substances (**N-acetylcarnosina**, **Vaccinium myrtillus extract**, **Chondroitin sulfate**). The combined action of these natural substances:

- Prevents age-related sight loss and deterioration associated with aggressive environmental conditions while contributing to the maintenance of visual acuity.
- Helps to regulate the microcirculation and ocular nutrition.

• VISglyc[®] NEO

Free from preservatives, this sterile solution has a high-tech filter that keeps the product sterile during continuous use and enables it to be applied for a period of up to 3 months after opening. Sterility of the product over continuous use for up to 3 months after it is opened.

INSTRUCTIONS FOR USE

Apply 1 drop to each eye twice a day, squeezing the dispenser. Can be used frequently as it does not contain preservatives. 3 months of use once open.

PRESENTATION

VISGLYC[®] NEO

10 ml MULTIPLE DOSE STERILE SOLUTION DISPENSER WITH A HIGH-TECH FILTER

ADDITIONAL INFORMATION

- PRESERVATIVE FREE
- 3 MONTHS OF USE
- COMPATIBLE WITH CONTACT LENSES

ANTIOXIDANT AND HYDRATING PROPERTIES WHICH HELP TO PREVENT AGE-RELATED DETERIORATION (OVER THE AGE OF 50)

COMPATIBLE WITH CONTACT LENSES

STERILE EYE DROPS WITH NO PRESERVATIVES



INGREDIENTS

VISGLYC[®] NEO IS A MEDICAL PRODUCT BASED ON:

N-acetyl carnosine	1 %
Vaccinium myrtillus extract	0.0003%
Chondroitin sulfate	0.15 %

QUANTITY PER DOSE



WELL-BEING

“a **HEALTHY**
LIFESTYLE,
is a **LIGHTIER**
body”

ARAMA FLUIDVEN® Light legs

FLUIDVEN® Light Legs is a new food supplement now available in tablets containing **Bioflavonoides** (diosmin and hesperidina), **venotonic plant extracts** (horse chestnut, butcher's-broom, maqui and vines) and **Vitamin C**.

Along with the bioflavonoids diosmin and hesperidina, Fluidven Light Legs also brings the benefits of the rest of its natural ingredients:

- **Vines** help with venous circulation, maintaining the integrity of the venous system.
- **Horse chestnut** helps to decrease the feeling of heavy legs and improves circulation in the legs.
- **Butcher's-broom** helps to reduce swelling, revitalize, refresh, and provide relief and a feeling of lightness to the legs.
- **Vitamin C** also helps to protect cells from oxidative damage and aids the normal functioning of the blood vessels.

ADDITIONAL INFORMATION

- GLUTEN FREE
 - LACTOSE FREE
 - 0% ADDED SUGAR
- Contains naturally occurring sugars
- HIGH FIBER CONTENT

INSTRUCTIONS FOR USE

Take 2 tablets a day.

PRESENTATION

FLUIDVEN® LIGHT LEGS
60 TABLETS

WELL-BEING IN MANY AREAS:

- VENOUS CIRCULATION
- RELIEVES THE FEELING OF HEAVINESS IN THE LEGS
- REDUCES SWELLING AND REFRESHES
- ANTIOXIDANT

HELPS TO DECREASE THE RIGIDITY OF THE VENOUS WALLS AND TO RESTORE THE SENSATION OF LIGHT LEGS



INGREDIENTS

FLUIDVEN® IS A FOOD SUPPLEMENT BASED ON:

Diosmin	450 mg
Hesperidin	150 mg
Dried butcher's-broom bark extract	50 mg
Maqui fruit extract (<i>Aristotelia chilensis</i>)	200 mg
Rutin of a dry extract of flowers of <i>Sophora japonica</i>	150 mg
Dried horse chestnut seed extract	250 mg
Dried vine leaf extract	200 mg
Vitamin C	12 mg

QUANTITY PER 2 TABLETS

Iseren® CR

ISEREN® CR

· Is a food supplement based on nontransgenic soybean extract **rich in Isoflavones**.
Its content in genistein guarantees isoflavone supplementation for 24 hours with a single daily intake.

Soybean isoflavones, provide benefits to women during menopause because they have similar structure to human estrogens, helping to:

- **Reduce** the number of **hot flashes**.
- **Regulate cholesterol** levels.
- **Regulate anxiety** associated to this period.

ADDITIONAL INFORMATION

- GLUTEN FREE
- SALT FREE
- SUGARS FREE

INSTRUCTIONS FOR USE

Take 1 tablet per day.

PRESENTATION

ISEREN® CR
30 COATED TABLETS

MENOPAUSE IS THE PERIOD OF TRANSITION IN THE LIFE OF A WOMAN IN WHERE THE RELEASE OF OVULES AND THE MENSTRUATION PERIODS STOP, DECREASING THE LEVELS OF ESTROGEN AND PROGESTOGENS.



INGREDIENTS

ISEREN® CR IS A FOOD SUPPLEMENT BASED ON:

Soya extract	180 mg
Isoflavones	72.0 mg
· Genestin	45.0 mg

QUANTITY PER DOSE

OVAFORM®

Ovaform® is a food supplement based on **Myo-and D-chiro-Inositol, Manacolin K, Vitamin D, Melatonin, Folic acid** and **Selenium**.

- **Selenium** that contributes to normal thyroid function.
- **Folic acid** that contributes to the reduction of tiredness and fatigue.
- **Vitamin D** that together with **folic acid** have a role in the process of cell division.

ADDITIONAL INFORMATION

- LACTOSE-FREE
- GLUTEN-FREE
- WITH NO ADDED SUGARS

INSTRUCTIONS FOR USE

Take 1 sachet (2.5 g) per day.
Pour the content of a sachet in a glass, then add water and stir to complete dissolution.

PRESENTATION

OVAFORM®
30 SACHETS

IT CONTAINS NUTRIENTS THAT CAN HELP IN CASES WHERE AN IMPROVEMENT OF REPRODUCTIVE CELLS QUALITY IS NEEDED



INGREDIENTS

OVAFORM® IS A FOOD SUPPLEMENT BASED ON:

Myo-inositol	2,00 g
D-Chiro-Inositol	50,0 mg
Monacolin K	10,0 Mg
Melatonin	1,00 mg
Folic acid	200 µg
Vitamin D	25 µg
Selenium	27,5 µg

QUANTITY PER DOSE

pelvicGel

PELVIC GEL®

Indicated to facilitate sexual intercourse (dyspareunia, postpartum, menopause...), in cases of vaginal dryness (menopause, incontinence, postpartum...), to facilitate the use of tampons and medical devices intended to strengthen the pelvic floor.

Transparent lubricating gel based on **hyaluronic acid** (0.05%), with **properties similar to vaginal secretions**.

INSTRUCTIONS FOR USE

Apply an appropriate quantity to the genitals before sexual intercourse, or to medical products and/or tampons before use. Apply again if necessary.

PRESENTATION

PELVIC GEL®
BULK

TRANSPARENT LUBRICATING GEL
BASED ON HYALURONIC ACID



INGREDIENTS

PELVIC GEL® IS GEL BASED ON:

Aqua
Glycerin
Carboner
Hyaluronic acid (0,05%)
Phenoxyethanol
Methylparaben
Buthylparaben
Propylparaben
Isobutylparaben



MOBILITY
—
“Keep
MOVING”

OSCal[®]

OSCal[®]

Food supplement based on **High-purity Enzymatically Hydrolyzed Collagen, Calcium, Silicon, Phosphorous, Vitamin D3, Group B Vitamins (B1, B2, B5 and B6) and Vitamin C.**

Some of the benefits of its ingredients are:

- **Vitamin C** contributes to the normal formation of collagen for the normal functioning of bones.
- **Vitamin D** contributes to the absorption and normal use of calcium and phosphorous.

ADDITIONAL INFORMATION

- NO SALT
- FAT FREE
- SUGAR FREE
- LACTOSE FREE
- GLUTEN FREE
- HIGH FIBER CONTENT
- PRESERVATIVE FREE
- HIGH PROTEIN CONTENT

INSTRUCTIONS FOR USE

Drink the contents of one dosing measure (13.2 g) a day diluted in a glass of water (150 ml) or juice.

PRESENTATION

OSCAL[®]

PACK WITH MEASURING SPOON

BONE HEALTH

PROTEINS SUCH AS COLLAGEN ALONG WITH CALCIUM, PHOSPHOROUS AND VITAMIN D ALL COMPONENTS OF OSCAL[®] – CONTRIBUTE TO KEEPING THE BONES IN A NORMAL CONDITION



INGREDIENTS

OSCAL[®] IS A FOOD SUPPLEMENT BASED ON:

Enzymatically hydrolyzed collagen	9,7 g
Vitamin B1	1,4 mg
Vitamin B2	1,6 mg
Vitamin B6	2,0 mg
Vitamin B5	6,0 mg
Vitamin C	50 mg
Vitamin D	3,75 µg
Calcium	511 mg
Phosphorous	264 mg
Silicon	31 mg

QUANTITY PER DAILY DOSE

OSTEO Gel[®] HEAT

OSTEOGEL[®] HEAT

• OSTEOGel[®] Heat is a thermal gel containing **extract of Arnica**, **Horse chestnut** and **Aloe vera**.

• Suitable for all situations in which the application of heat would be beneficial. The topical use of this gel minimizes the discomfort caused by day-today activity and sports.

INSTRUCTIONS FOR USE

Apply 2 to 5 times per day. Gently massage into the skin until it is fully absorbed. Like warming cream, apply 10 minutes before starting the activity. External use.

PRESENTATION

OSTEOGEL[®] HEAT
150 ML BOTTLE

**OSTEOGEL[®] IS AN IMMEDIATE ACTION
THERMAL GEL SPECIALLY INDICATED TO
RELAX THE MUSCLES AND PREVENT MUSCLE
PAIN**



INGREDIENTS

OSTEOGEL[®] HEAT IS A GEL MADE OF:

AQUA, ALCOHOL DENAT., CAMPHOR, MENTHOL, PEG-40 HYDROGENATED CASTOR OIL, POLYACRYLAMIDE, PROPYLENE GLYCOL, C13-14 ISOPARAFFIN, PHENOXYETHANOL, ALOE BARBADENSIS LEAF JUICE, CAPSICUM FRUTESCENS RESIN, LAURETH-7, AESCULUS HIPPOCASTANUM SEED EXTRACT, VANILLYL BUTYL ETHER, ARNICA MONTANA FLOWER EXTRACT, METHYL NICOTINATE, 1,2-HEXANEDIOL, CAPRYLYL GLYCOL, ETHYLHEXYLGLYCERIN, BENZYL ALCOHOL, POLYSORBATE 20, ASCORBYL PALMITATE, GLYCERYL LAURATE.



We have the certification ISO 13485:04 for medical devices.



Manufacturing in our plant is carried out according to Good Manufacturing Practices, GMPs, enabling the quality of the products manufactured to be checked and ensured.



Our quality management system is based on the ISO 9001:2008 standard, which ensures all of our products receive the quality certification we want to guarantee for our clients.



OPKO Health Spain is registered in the Registrar Corp of the FDA as a producer of dietary supplements.



Certificate No 22 02 0003 GMP Cosmetics



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